



Expect a First-Class Experience

We start with a beautiful building in a great location. Then we add first-class amenities, services, and staff to deliver a premium experience with personal touches.

Expect More.™

Independent Living

All-inclusive living with premium on-site amenities, services and activities plus access to professional care and support if needed

Assisted Living

For regular support with daily living including first-class dining, activities and professional care and support just down the hall from your suite

Expect Excellent Amenities, Activities and Dining

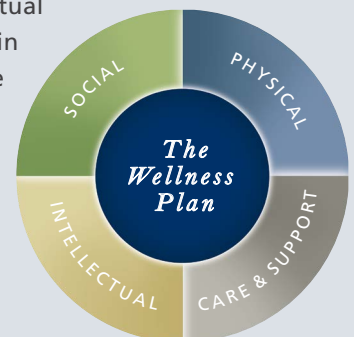
- Premium on-site amenities and services such as pool, fitness centre, theatre, arts and crafts kitchen, pub with billiards table, beauty salon, and On-The-Go bus
- Range of daily activities tailored to Independent Living and Assisted Living residents. Choose to join in or relax in your suite
- Our Red Seal Certified Chef offers a variety of delicious and wholesome meals and snacks that are dietician approved and served by attentive staff

Expect Professional Care & Support

- We tailor services based on the needs, preferences and budget of each resident
- Nurse and Wellness Team available 24/7
- Wellness Assessment by our Nurse is updated if needs or preferences change
- Flexible care and support options provided in the privacy of your suite
- Personalized pharmacy service available through Amica's selected provider
- Scheduled on-site services provided by a physician, a physiotherapist, a massage therapist, a foot care nurse, an audiologist and a dentist

Personalized Wellness Plan

We work with every resident to develop a Personalized Wellness Plan to reflect their social, intellectual and physical needs in addition to their care and support needs.



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AMICA™
at Aspen Woods

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